**Vocabulary**—Buddhism, Prince Siddartha, reflect, four noble truths, eightfold path, spiritual, journey, meditation, beliefs, values.

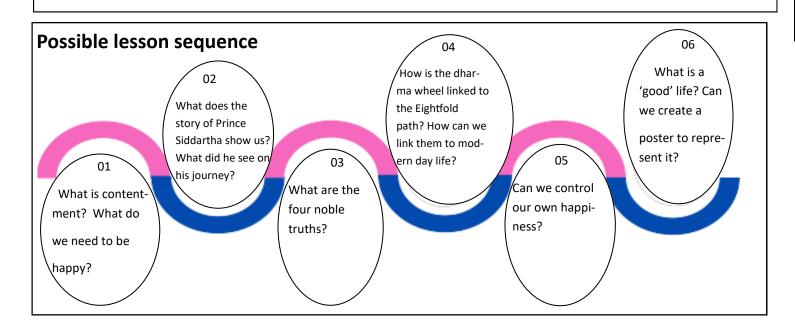
Year 6 — RE Overview

Topic— Buddhism



## Things to remember—What do we mean by a 'good' life?

This unit will enable pupils to explore the concept of a good life through considering what Buddhism teaches makes someone truly happy. They will find out about the life experiences that started Prince Siddhartha's journey to becoming the Buddha and will reflect on how the teachings of the Four Noble Truths and the Eightfold Path impact the spiritual journeys and daily lives of Buddhists. They will have the opportunity to experience meditation and to reflect on their own life and happiness as they prepare for the change of leaving primary school. This unit will build on their prior learning about life as a journey and deepen their understanding of how people might cope with change and difficulties in life. They should be able to make reference to other religions and worldviews that they have studied when discussing how beliefs and values might give people guidance and support to enable them to live a 'good' life.



## Prior learning— N/A

## Progression - Y7

Why is meditation important to Buddhists?

Does meditation make a difference?

## **Pupil Interview questions**

What do Buddhist believe it is important to be?

What was the name of the Prince in the story you read?

Can you tell me one of the noble truths?

How many parts are there on the path which Buddhists follow? Can you name 3 of the rights?

Why is meditation important and what does it enable Buddhists to be?