

The Brow Community Primary School

Physical Education Whole School Long Term Plan

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Fundamental Movements	Fundamental Movements	Fundamental Movements	Invasion Games – Hockey	Invasion Games – Netball	Invasion Games – Hockey	Invasion Games – Netball
	Locomotion 1	Dance	Dance	Dance	Gymnastics	Dance	Swimming
Autumn 2	Invasion Games	Fundamental Movements	Target Games	Invasion Games – Rugby	Invasion Games – Football	Invasion Games – Rugby	Invasion Games – Football
	Dance	Gymnastics	Dance	Gymnastics	Dance	Swimming	Gymnastics
Spring 1	Locomotion 2	Net and Wall Games	Swimming	Net and Wall – Badminton	Inclusive Sport – Tri Golf	Net and Wall - Badminton	Dance
	Gymnastics	Dance	Gymnastics	Health and Fitness	Health and Fitness	Gymnastics	Health and Fitness
Spring 2	Target Games	Object Manipulation	Net and Wall Games	Outdoor Adventure Activity	Net and Wall - Tennis	Inclusive Sport – Handball	Net and Wall – Tennis
	Dance	Gymnastics	Gymnastics	Inclusive Sport - Kurling	Swimming	Health and Fitness	Outdoor Adventure Activity
Summer 1	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics
	Gymnastics	Target Games	Personal Challenges	Swimming	Outdoor Adventure Activity	Striking and Fielding – Cricket	Striking and Fielding – Cricket
Summer 2	Net and Wall Games	Striking and Fielding	Invasion Games	Striking and Fielding – Rounders	Striking and Fielding – Rounders	Outdoor Adventure Activity	Inclusive Sport – Ultimate Frisbee
	Striking and Fielding	Invasion Games	Striking and Fielding	Personal Challenges Including use of ICT			

